



Student Handout

Personal Protective Equipment (PPE)

Personal protective equipment (PPE) includes safety headgear, eye and face protection, hearing protection, work gloves, specialty gloves, chemical- and flame-resistant covers (coveralls, aprons), and safety footwear. You are responsible for providing your own work gloves and CSA-approved footwear (and headgear such as a hard hat if it is required).

Examples of hazards

- ☐ airborne materials
- ☐ noise
- ☐ debris on ground or floor
- ☐ flying particles or wood splinters

Safety tips

- ☐ Make sure you get training on using PPE and know what PPE to use for which tasks.
- ☐ Inspect PPE before use.
- ☐ Use PPE as instructed.
- ☐ Don't wear PPE outside of the work area where it is needed, particularly if it would constitute a hazard (for example, ear protection when you might miss hearing a truck back up).
- ☐ Report any PPE malfunction to your teacher, supervisor or employer.
- ☐ Ensure that PPE is cleaned, maintained and stored correctly.
- ☐ Do not wear dangling necklaces, bracelets, watches, or rings that might get caught in machinery. A medical alert bracelet can be worn with a transparent band to hold it snug.
- ☐ Keep long hair confined to prevent it getting snagged or caught in machinery.

