



Putting on your immersion suit

Your immersion suit can save you only if you can find it and put it on quickly in an emergency. For example, you may need to put on your suit in darkness and rough seas, with the vessel listing or pitching heavily.

It is important to practise until you can get your suit from storage and then put it on within one minute. Make sure you participate in emergency drills. The master of the vessel must conduct emergency drills that include putting on your immersion suit at least annually—at the start of the fishing season before leaving the dock, when there is a crew change, and at intervals to ensure that crew members are familiar with emergency procedures.

If you still can't get into your immersion suit within a minute, practice on your own. Your survival may depend on it.

How to put on your immersion suit

Instructions may vary for different types of suits, so follow the manufacturer's instructions. The following are basic instructions for putting on your face seal immersion suit.

1. Roll suit out on deck and sit on it. Insert your legs into the suit. Leave on boots and other clothing for insulation and protection in the water.
Tip: Keep two plastic bags with your immersion suit. Pull the bags over your boots to make the suit easier to put on.
2. Put your non-dominant arm into the suit first (e.g., if you are right-handed, put your left arm in first). Pull the hood over your head with your free hand.
3. Put your dominant arm into the other sleeve. Pull the zipper up with care and secure the flap over your face. Check that all straps and hoses are secure.



Step 1.



Step 2.



Step 3.

For more information go to WorkSafeBC.com, OHS Regulation Parts 8 and 24.