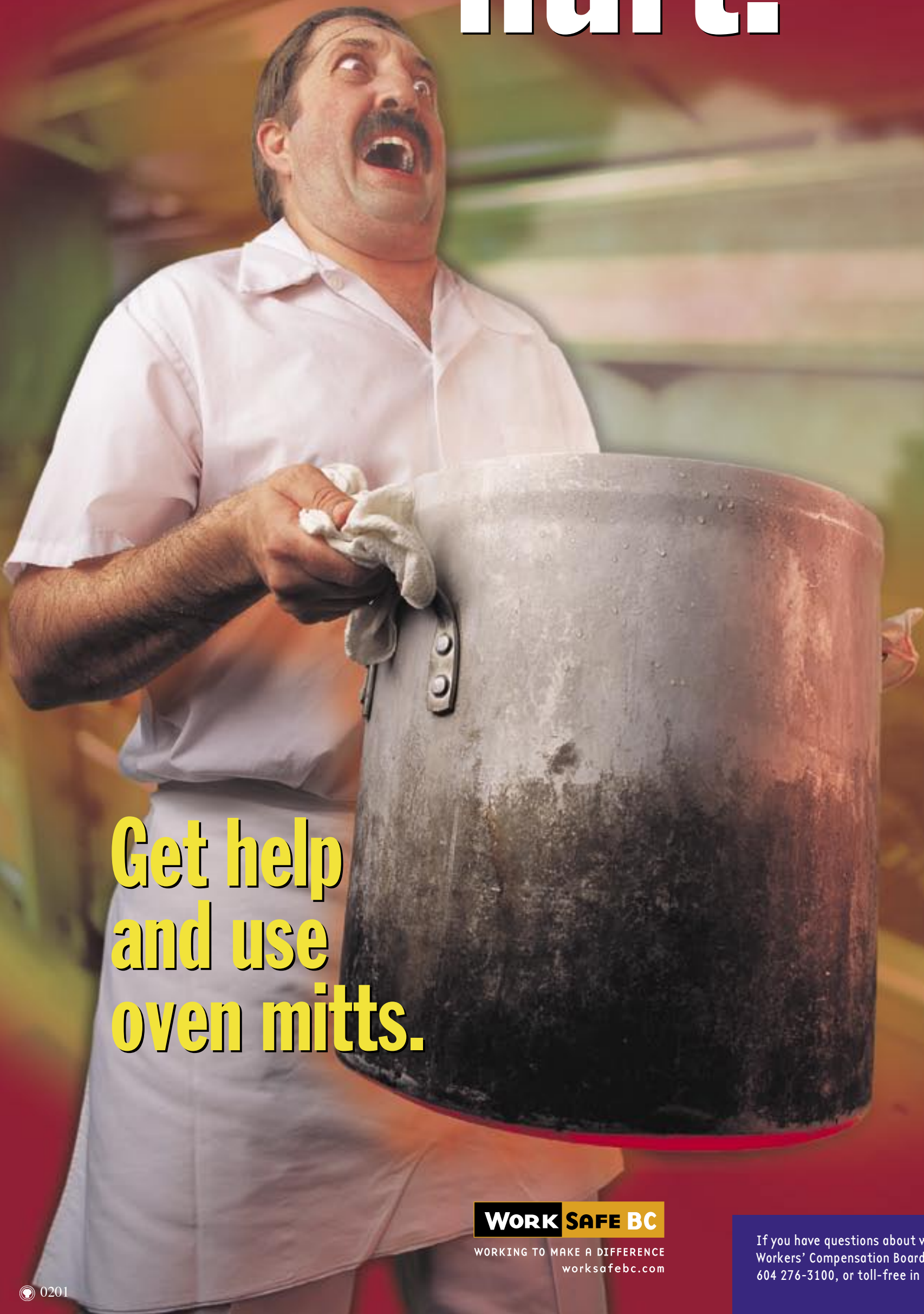


# That's gotta hurt.



Get help  
and use  
oven mitts.

**WORK SAFE BC**

WORKING TO MAKE A DIFFERENCE  
[worksafebc.com](http://worksafebc.com)

If you have questions about workplace safety, call the Workers' Compensation Board of B.C.'s WorkSafe Call Centre at 604 276-3100, or toll-free in B.C. at 1 888 621-SAFE (7233).