



Most people wash their hands for about five seconds.

Another 15 seconds could save their lives.

- Infectious diseases are the leading cause of death and illness worldwide. While proper handwashing can eliminate many of the germs and bacteria that lead to illness, most people don't wash their hands thoroughly enough, long enough, or often enough.

To view an online demonstration of proper handwashing technique, or for information about how to protect yourself, your family, and your co-workers against infectious disease, visit the Occupational Health and Safety Regulation on WorkSafeBC.com.

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WORKING TO MAKE A DIFFERENCE