

# Upper Island

# Safety Conference



**May 28-29, 2012**

**Campbell River, BC**

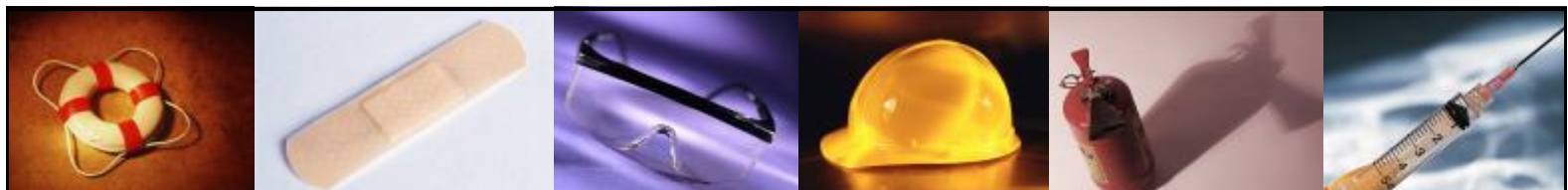
The Strathcona Regional District is hosting their 3<sup>rd</sup> annual Upper Island Safety Conference and Trade Show at the Strathcona Gardens Recreation Complex in Campbell River. Enjoy the Campbell River Experience at this invigorating two day conference.

## WHO SHOULD ATTEND THE UPPER ISLAND SAFETY CONFERENCE:

- Safety Committee Members
- Facility Supervisors & Managers
- Safety Officers & Professionals
- Safety Business Owners and Sales Reps
- Anyone Employed in the Business of Safety
- Anyone who is Responsible for Safety at Work

## BENEFITS OF ATTENDING THE UPPER ISLAND SAFETY CONFERENCE:

- Network with other Delegates, Presenters & Trade Show Experts
- Learn about the Latest Safety Research, Trends, Regulations & Issues
- Re-Energize your own "Safety Sense" & get Motivated to Implement Change at your Workplace
- 2 Keynotes & 18 Educational Sessions to Choose from
- Delegate Access to the Trade Show & Safety Pavilion
- Prize Draws & Conference Tote Bags
- Lunch is Provided on Both Days as well as Beverages & Snacks at all Nutrition Breaks
- Free Admission to the Strathcona Gardens Swimming Pool & Fitness Centre
- Spousal & Family Packages Available
- Optional Golf Tournament with BBQ Dinner at Storey Creek Golf Club is Available for Those Looking for a Fun Evening Out or for Additional Opportunities to Network
- Conference meets the Joint Occupational Health & Safety Committee Training Requirements under the Worksafe BC Legislation and Delegates are Eligible for 1.2 EOCP Professional Designation Maintenance Points.



# SCHEDULE INFORMATION

## SCHEDULE OF EVENTS:

### Monday, May 28<sup>th</sup>

8:30-9:30 AM Registration & Trade Show Open  
 9:30-11:00 AM Keynote—Hugh Pelmore  
 11:00-11:15 AM Nutrition Break  
 11:15-12:45 PM Educational Session #1  
 12:45-1:45 PM Trade Show Luncheon  
 1:45-3:15 PM Educational Session #2  
 3:15-3:30 PM Nutrition Break  
 3:30-5:00 PM Educational Session #3  
 3:30-5:00 PM Trade Show Open to the General Public  
 5:30-9:30 PM Optional Golf Tournament & BBQ Dinner at Storey Creek Golf Club



### Tuesday, May 29<sup>th</sup>

8:00-8:30 AM Trade Show Open  
 8:30-10:00 AM Keynote—Gary Anaka  
 10:00-10:15 AM Nutrition Break  
 10:15-11:45 AM Educational Session #4  
 11:45-12:45 PM Trade Show Luncheon  
 12:45-2:15 PM Educational Session #5  
 2:15-2:30 PM Nutrition Break  
 2:30-4:00 PM Educational Session #6



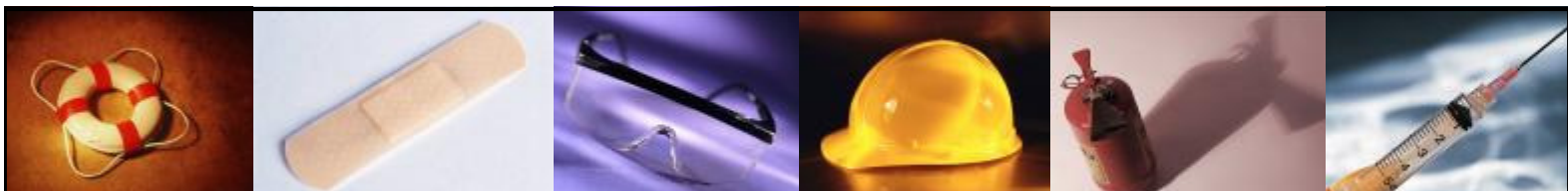
## EDUCATIONAL SESSION OPTIONS:

### Monday, May 28<sup>th</sup>

Session #1 – 11:15-12:45 PM	Session #2 – 1:45-3:15 PM	Session #3 – 3:30-5:00 PM
(1a) Workplace Violence - Stop Trying to Control the Customer	(2a) Leadership Strategies for the 21st Century	(3a) Right to Refuse
(1b) Working at Heights	(2b) Mobile Crane Compliance Requirements	(3b) Performance Based & Outcome Driven Inservice Training
(1c) Construction Projects – Know Your Role	(2c) Managing Stress: Creating a Work/Life Balance	(3c) Lockout - How the &^% Do I Keep this from Injuring Me?

### Tuesday, May 29<sup>th</sup>

Session #4 – 10:15-11:45 AM	Session #5 – 12:45-2:15 PM	Session #6 – 2:30-4:00 PM
(4a) Brain Wellness - the Secrets for Longevity	(5a) Power & Movement: Strategies and Techniques to Improve Your Personal Strength	(6a) Young & New Worker Safety
(4b) Supervisor Due Diligence	(5b) Incident Scene Investigation - Experience the Accident Investigation Process	(6b) Hazard Assessment (FLHA)- Taking it to the Jobsite
(4c) Bill C-45	(5c) Are you Prepared?	(6c) Been There, Done That, Can't Remember – The Facts and Foibles of the Aging Workforce



# EDUCATIONAL SESSIONS

## MONDAY, MAY 28<sup>TH</sup> KEYNOTE:

### Are your Coworkers Driving you Crazy?

If your workplace is like most, you've experienced dealing with unwanted behaviours from a small number of co-workers or supervisors. It can be very challenging to speak up to these individuals, and it doesn't get any easier if you have been trained to believe that you really need to understand the other person's quadrant of personality, conflict style or which colour of the rainbow best represents them.

Fortunately for you, Hugh Pelmore of ARETE Safety and Protection Inc. will simplify things and assist you to manage behaviours in your workplace without in depth analysis and psychological review. Instead, he will explore the issues that lead many workplaces down the path of inaction and subsequent turmoil. Don't worry, he won't leave you there. Through a little self-reflection and humorous interaction, Hugh will energize and motivate attendees to speak up and say yes to a healthy workplace. Isn't it time for some common sense communication and real life strategies to help participants put their workplace back on track.

*Keynote—Hugh Pelmore*

## MONDAY, MAY 28<sup>TH</sup> SESSIONS:

### (1a) Workplace Violence—Stop Trying to Control the Customer

Incidents of customer violence generally occur on a continuum and in many cases are preventable. Hugh Pelmore of ARETE Safety and Protection Inc. will provide insights, concepts and real world strategies that will enhance safety, reduce worker stress, and motivate participants to safely respond to extremely challenging situations and potentially violent customers. A must for anyone working with the public.

*Presenter—Hugh Pelmore*

### (1b) Working at Heights

The purpose of this workshop is to prevent injuries for those that work at heights. Despite a growing awareness of the dangers of working from a height, workers continue to suffer serious injuries and deaths due to falls from elevations. Falls from elevations accounted for 17% of all short-term, long-term and fatal claims in the BC construction industry in 2009. This session will provide participants with a clear understanding of their legal fall protection responsibilities and requirements on construction sites. Ultimately this presentation will provide participants with the tools they need to manage the risks associated with working at heights, while reviewing the regulations pertaining to fall protection compliance and planning, including an overview of the hierarchy of controls. *Presenters—Paul Stephens & Mike Milholm*

### (1c) Construction Projects—Know your Role

If you are responsible for overseeing construction projects, you need to "Know your Role". This 1½ hour presentation will review important regulatory requirements & your legal responsibilities as a manager, supervisor, foreman and/or Prime Contractor. Come and ask questions in an interactive session and learn how to prevent injuries to your valuable workers and better understand health and safety best practices. You will gain a lot of insight and most of all have a lot of fun.

*Presenter—Sat Combaw*

### (2a) Leadership Strategies for the 21st Century

Discuss and understand approaches to leadership that will help you to get the maximum effort out of yourself and your staff. Using a 12 question process, uncover objective dangers that may prevent you and/or your team from achieving mission success. *Presenter—Jim Wheeler*

### (2b) Mobile Crane Compliance Requirements

Effective March 1, 2011 crane operators are required to be certified. From a compliance perspective what does this look like? Crane owners and operators will fully understand the requirements and options for crane operator certification. In addition, the presentation will focus on the requirements for a cranes annual inspection specific to structural, mechanical components and the control system.

*Presenters—Dave Clarabut & Doug Younger*

### (2c) Managing Stress: Creating a Work/Life Balance

In today's world, it doesn't seem to matter if you work in a small or large company or if you work for yourself; have a family, and/or look after an ailing parent, or are on your own, we are all challenged to meet or exceed expectations...or at least it seems that way. Rapidly changing technologies, global markets, economic uncertainty and work overload and family responsibilities seem to push us to work harder and longer. As our stress increases, we don't slow down, we often work harder to catch up! We notice that we spend less and less time with family or with our significant other, friends, or just having fun. Eventually, our body fights back and we go on sick leave. This workshop will offer an understanding of the stress reaction, ways to think and respond differently to our distress and finally to find possible ways to create a work/life balance.. *Presenter—Garth Greatheart*

### (3a) Right to Refuse

The Right to Refuse is a fundamental right that all workers in Canada have. This presentation will cover how the process is to be used correctly by all workplace parties including the Worker, Supervisor and Joint Health & Safety Committee involvement. *Presenter—Ray Hudon*

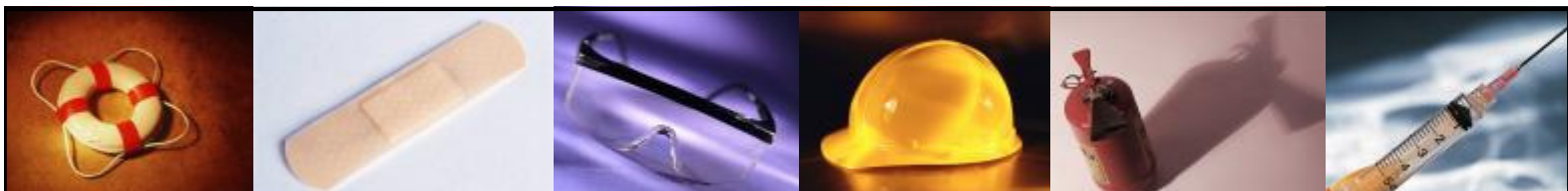
### (3b) Performance Based and Outcome Driven Inservice Training

Break out of your training blues. Random practicing of critical skills is not enough to ensure good response to critical incidents. This session takes a "reverse engineering" approach to training. Explore how using rescue data and other incident and accident tracking information can help determine what training topics should really be implemented. Discuss how to design and implement a performance based inservice training program that is reality driven, enhances staff performance and maximizes use of training time. *Presenter—Jim Wheeler*

### (3c) Lockout—How the % Do I Keep this from Injuring Me?

This session will take you through the practical hands on steps that ensure that a tool, machine, or process is adequately de-energized and is safe for the work to proceed. This session will look at the variety of tools that are available to ensure a device is not going to start up on its own (or with some help) and bring harm to a worker.

*Presenter—Terry Duncan*



# EDUCATIONAL SESSIONS

## TUESDAY, MAY 29<sup>TH</sup> KEYNOTE:

### Your Brain on the Job

Are you living and working in a multi tasking environment? Is your brain under a constant state of heightened stress? Everything you do requires your brain. In a world of increasing knowledge and technology, you are going to have to use your brain more than ever. Can you expand your thinking capacities and maintain your critical memories? Definitely, YES! Discover what efficient healthy brains need to make your job and life easier. Plus, 15 powerful, working strategies to boost your brain power on the job. No brain, no gain! This keynote is filled with hope and optimism for your future. *Keynote—Gary Anaka*

## TUESDAY, MAY 29<sup>TH</sup> SESSIONS:

### (4a) Brain Wellness—The Secrets For Longevity

Are you experiencing brain fatigue? Too many senior moments? Is your brain aging too quickly? The only therapy is prevention. What is your brain maintenance program? Gain the practical secrets of brain longevity to give you workable strategies for life long brain health and vitality. Learn how to prevent cognitive decline as you age. Find out how to grow new brain cells. Find out how to keep plasticity alive in your brain. Find out how to use it before you lose it. You are responsible. *Presenter—Gary Anaka*

### (4b) Supervisor Due Diligence

Any person working in a leadership role must ensure that work is being performed without “undue risk”. The expectation is that the supervisor will consider the risk, and put measures in place to minimize the risk to the workers. Due Diligence requires the supervisor to be active in identifying workplace hazards related to specific practices, implementing specific preventative measures, and communicating hazard information and prevention measures to all those likely to encounter the hazard. This session will help supervisors understand their responsibilities under the Workers Compensation Act and WorkSafeBC OH&S Regulation, as well as how to mitigate their liability through exercising due diligence. *Presenter—Chelsea Steinfeld*

### (4c) Bill C-45

Bill C-45 (Section 217.1 of the Criminal Code of Canada) established new legal duties for workplace health and safety, and imposed serious penalties for violations that result in injuries or death. The Bill provided new rules for attributing criminal liability to organizations, including corporations, their representatives and those who direct the work of others. This presentation covers historical developments and implications for all organizations. *Presenter—Ray Hudon*

### (5a) Power & Movement: Strategies and Techniques to Improve Your Personal Strength

You will actively learn how a simple hand movement can enhance overall balance and strength and demonstrate why the pelvic tilt has been replaced by the not so pretty but effective “butt out” move. The goal is to send you away with at least one new “Ah Ha!” piece of information or skill. This is sure to be a very informative session whether you spend your day sitting at a desk or playing high level sports.

*Presenter—Brenda De Jong*

### (5b) Incident Scene Investigation (ISI)—Experience the Accident Investigation Process

Whether you are a Grissom or Horatio fan you are bound to enjoy this interactive hands on accident investigation session. The incident has happened – now it is time to find out what happened and develop preventative measures that will stop it from happening again. Break out your best investigative tools, put on your best investigative face and find out what happened.

The session is designed to provide a practical application of investigation tools:

- Gathering information and evidence
- Photographing the important findings
- Measuring a scene
- The art of the interview
- Separating the good, the bad and the opinion

*Presenter—Terry Duncan*

### (5c) Are you Prepared?

Are you prepared for a disaster at home AND at work? Disasters can happen anywhere, often with little or no warning. What can you do to protect yourself, your business, employees and customers? Where should you begin? Come to our Preparedness session and learn simple steps to get started and some tips to get better prepared.

*Presenter—Howie Siemens*

### (6a) Young & New Worker Safety

Young & New workers need special attention because it has been shown that they are at more risk of injury than their older or more experienced counterparts, especially in the first four to six months of employment. This session will discuss how experience has shown that a successful training or outreach program can reduce this risk.

*Presenter—Jennifer Lambert*

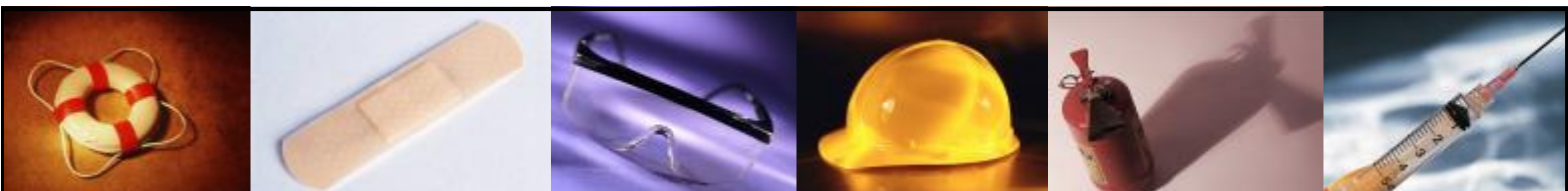
### (6b) Hazard Assessment (FLHA)—Taking it to the Jobsite

We have all completed hazard assessments in order to develop and maintain a safe workplace. This session will review the next logical step – the FLHA (Field Level Hazard Assessment). FLHA involves the completed work process hazard assessment, the work of the day, the crew involved, and the influences of the moment—while providing us with a safety roadmap for the specific date and time of the job.

*Presenter—Terry Duncan*

### (6c) Been There, Done That, Can't Remember—The Facts and Foibles of the Aging Workforce

Explore what is waiting for you – if you haven't already gotten there! Learn and discuss how the aging worker can be an opportunity for an employer (and their younger generation Y co-workers) and discover strategies to build a “retention workplace” that is safe and healthy for all ages. *Presenter—Brenda De Jong*



# KEYNOTES & PRESENTERS

## Keynote— Hugh Pelmore



Hugh Pelmore began his career in workplace violence in 1993. Over the past 19 years he has provided more than 4400 workplace violence prevention training workshops to employees from various industries throughout Canada. His clients include WorkSafeBC, BC Hydro, University of Western Ontario, the City of Vancouver, TELUS and the Provincial Government of BC.

Hugh is recognized as one of the most knowledgeable and experienced personal safety and violence prevention experts in the

country. He has a thorough understanding of what actually works in the real world, with regards to the management of workplace violence and conflict.

## Paul Stephens & Mike Milholm

Paul Stephens has been a Safety Officer with WorkSafeBC since 1998. Prior to that he worked in commercial/industrial/highrise construction for 15 years.

Mike Milholm has been with WorkSafeBC as an Occupational Safety Officer for 8 years. Prior to joining the board he spent 7 years as a Construction Safety Officer, looking after major projects in Nanaimo, Whistler and the Lower Mainland. He also has a construction background and 20 years of experience in the sawmill and remanufacturing sector.

## Brenda De Jong

Brenda De Jong, RN, OHNC, COHN(C) is the principal owner and senior consultant for WorkWell Consulting, an independent organizational health, safety and ergonomics service provider. With over 25 years' national experience in organizational and occupational health, safety and ergonomics, Brenda specializes in organizational health strategies that address disability management, health, safety and ergonomics program development and implementation, ergonomic workplace evaluation, job demand analysis and the development and provision of education and training. Recently, Brenda is consulting as an advisor on healthcare design strategies with CEI architecture. She is a regular conference presenter.

## Terry Duncan

Terry is a well known and respected safety professional with over 30 years of experience with Occupational Safety. He has worked in a variety of industries including manufacturing, construction, forestry, pulp and paper and municipal and provincial governments. He has assisted dozens of organizations with their safety programs. He was previously the Safety Coordinator for Dominion Bridge of Western Canada, the Safety Coordinator/Industrial Engineer for Freightliner of Canada and was directly involved in the original development of the TSC/CSO Program with the City of Vancouver and in the development of the TSC/CSO Training programs. He has instructed the program since its inception and has presented at numerous safety conferences. Terry has been an Independent Safety Consultant for the last 24 years and he was previously voted Senior Safety Professional of the year by Canadian Society of Safety Engineering.

## Keynote—Gary Anaka

Gary Anaka has over 34 years of teaching experience in the regular classroom and as a learning assistance specialist. He is a study skills expert, a brain gymnastics coach and he has been a Brain-Based Learning facilitator since 1997. Gary received his facilitator's certification from the Jensen Learning Corporation of San Diego, California, a world-leading institute that trains professionals in the new field of Applied Educational Neuroscience. Gary has presented workshops to thousands of educators, parents, students, professionals and the general public. His sessions offer genuine practical help for everyone. He believes in wellness through education to support healthy living for people of all ages. Gary is also the author of two books on the brain.



## Chelsea Steinfeld

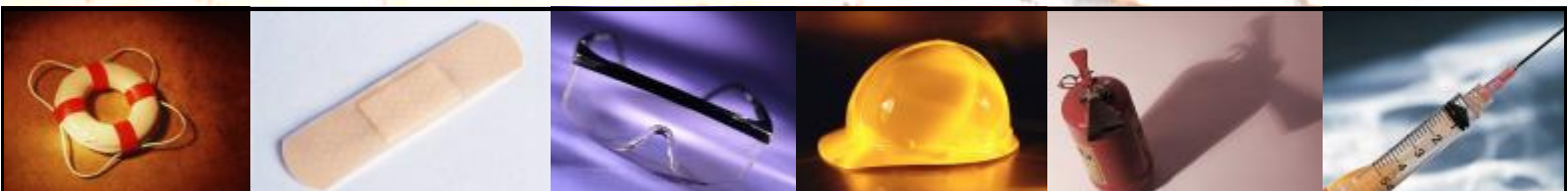
Chelsea Steinfeld is the Manager of Audit and Training Services for the BC Municipal Safety Association. Most recently she has worked for the Township of Langley as their Safety Advisor. She played a major role in that organization's Safety Management System, and recently helped the organization attain their Certificate of Recognition. Chelsea is a graduate of the BCIT OH&S Program, and worked in Health Care, construction, demolition and education before beginning her health and safety career in the municipal sector.

## Jim Wheeler

Jim has established himself as one of the industry's most informative and entertaining speakers on the subjects of aquatic risk management, safety and training. He is currently the Leisure and Aquatic Services Manager for the City of San Francisco and also owns Total Aquatic Management the nations leading advanced lifeguard training company. Jim has over 35 years of experience working at pools, waterfronts, beaches and water parks. It is this extraordinary blend of experience that gives him his unique and innovative perspective on safety and training. He is a past President of the National Recreation and Park Association's Aquatic Branch and a founder of the California Park and Recreation Society's Aquatic Section. His honors include; the Paragon Award for Aquatic Safety from the International Swimming Hall of Fame and the Distinguished Service awards from the National Recreation and Park Association and United States Masters Swimming. Jim has presented at over 150 local, state and national conferences on the subject of aquatic inspections, safety and training. He has provided accident investigation services and performed expert witness work for numerous attorneys and insurance companies.

## Sat Combow

Sat Combow is a Canadian Registered Safety Professional (CRSP) who has been officially active in health and safety for the past thirteen years. Sat has worked in private industry, with experience in Forestry, Manufacturing, Construction, Retail and Health Care. Sat has been an Occupational Safety officer with WorkSafeBC (the WCB) for the past six years.



# PRESENTERS & VENDER INFO

## Howie Siemens

Howie is the Emergency Program Coordinator for the Strathcona Regional District and City of Campbell River. He trained in emergency management from the Justice Institute of BC, is a certified Justice Institute ESS Trainer and has 17 years (and counting) with Emergency Management BC Emergency Social Service as a Level 1 responder, program director and as a Provincial Mobile Support Response team member. He has spent 6 years with Ground Search and Rescue as ground searcher and director. He also worked as a programmer with the City of Surrey Parks, Recreation and Culture and as a member of the Health and Safety committee.

## Ray Hudon

Ray is the BCFED Health & Safety Centre Training Coordinator. As a full time Health & Safety Trainer he has made presentations to thousands of Health & Safety Committee members across all regions of BC.

## Jennifer Lambert

As the BCFED Health & Safety Centre Young Worker Program Coordinator Jennifer coordinates a Province wide program that gets to over 17,000 high school students across BC.

## Garth Greatheart

Garth, MSW RSW, has been the Executive Director, Senior Counselor, and Clinical Supervisor for the Upper Island Counselling Services since August 2007. She holds a Master degree in Social Work from the University of Victoria and has been a practicing clinical Social Worker for 25 years. She has been a registered Social Work with the BC College of Social Workers since 1996. She specializes in the use of Cognitive Behavioural Therapy (CBT), Dialectical Behavioural Therapy (DBT), Mindfulness-based skills, EMDR, couples counselling, and issues related to alternative families, including LGBT issues and lifestyles. She practices from an anti-oppressive perspective.

## Doug Younger & Dave Clarabut

Doug Younger is an Occupational Safety Officer who is a member of the WorkSafeBC Provincial Crane Inspection team. Doug is a Red Seal, Trade Qualified mobile crane operator whom worked in industry for 17 years as a crane operator, rigging supervisor, safety supervisor and equipment manager. Doug is also a graduate of the B.C. Institute of Technology Occupational Health & Safety Diploma Program.

Dave Clarabut is also a Safety Officer with the board and like Doug currently a member of the Provincial Crane team. During his over twenty years as a safety officer, Dave has worked in urban and rural offices on Vancouver Island and the lower mainland, inspecting primarily in the ship repair and construction industry. Dave brings considerable knowledge about rigging and crane operations through his trade qualifications as a carpenter and shipwright.

## Trade Show Booth & Gold Level Sponsor Information

We are still accepting venders for our trade show at the Upper Island Safety Conference on May 28-29, 2012. If you are interested in setting up a booth or becoming a Gold Level Sponsor please contact Susan Bullock at 250-287-9234 ext. 248 or email Susan at [sbullock@strathconard.ca](mailto:sbullock@strathconard.ca).

Venders will receive the following benefits for attending the Upper Island Safety Conference & Trade Show:

- 10 ft x 10 ft Booth Area to Promote your Business & Services
- Your Business Contact Information will be included in the Delegate Package
- Your Business can have Promotional Materials put in the Delegate Grab Bags if you are supplying giveaways (i.e. safety goggles)
- Full Delegate Privileges for up to 2 Staff that will be working at the Trade Show Booth at no additional cost including: Access to the Keynotes/Educational Sessions, Networking Opportunities, Lunch & Snacks and Free Admission to the Strathcona Gardens Swimming Pool & Fitness Centre
- Optional Golf Tournament with BBQ Dinner at Storey Creek Golf Club is Available for Those Looking for a Fun Evening Out or for Additional Opportunities to Network

In addition to the trade show venders we are looking for Gold Level Conference Sponsors. The cost of becoming a Gold Level Sponsor is \$1000.00. In addition to receiving the full delegate/vender benefits for up to 4 staff they will also receive the following additional benefits:

- A Company Banner may be posted on the Stage for all Keynote Addresses
- You will receive 5 Minutes to Promote your Business to all of the Delegates before one of the Keynote Addresses
- Your Promotional Materials will be placed in all Delegate Grab Bags
- You will be Listed as a Conference Sponsor on all Future Promotional Materials for the 2012 Upper Island Safety Conference
- You will receive up to 4 Tickets to the Optional Golf Tournament with BBQ Dinner at Storey Creek Golf Club on May 28th
- You will receive the Business Mailing Addresses of all of the Delegate Organizations

## POST CONFERENCE WORKSHOPS

BCFED Health & Safety Centre will be running several post conference workshops on May 30th and 31st at Strathcona Gardens Recreation Complex. Please visit their website for more info at: [www.healthandsafetybc.ca](http://www.healthandsafetybc.ca).

### Wednesday— May 30<sup>th</sup>

- OH&S Basic Part 1
- Incident Investigations

### Thursday—May 31st

- OH&S Advanced Part 2
- Understanding and Preventing Stress in the Workplace



# GENERAL INFORMATION

## ACCOMMODATION INFORMATION:

There are many local hotels and bed and breakfasts to choose from. Please contact the Visitor Info Centre for more information at: 1-877-286-5705 or visit their website at [www.campbellriver.travel](http://www.campbellriver.travel). The two establishments below are offering discounted Upper Island Safety Conference & Trade Show delegate rates.

### Best Western Austrian Chalet

250-923-4231

Standard Room - \$89 (up to 4 people)

Loft Unit - \$109

- Amenities includes continental breakfast, indoor pool, hot tub, sauna & exercise room
- Quote Team Rate for the Upper Island Safety Conference

### Painter's Lodge

1-800-663-7090

Garden View - \$99

Ocean View - \$119

- Amenities includes outdoor pool, pub/ restaurant/ lounge, kayak/scooter rentals & outdoor adventure tours
- Contact Laurie at ext. 6526 to receive the conference rate

## SOCIAL CALENDAR:

### Monday, May 28<sup>th</sup>

12:45-1:45 PM

Trade Show Luncheon

5:30-9:30 PM

Optional Golf Tournament with BBQ Dinner at Storey Creek Golf Club

### Tuesday, May 29<sup>th</sup>

11:45-12:45 PM

Trade Show Luncheon



## STRATHCONA GARDENS RECREATION COMPLEX:

The Aquatic & Fitness Centre is generally open Monday to Friday from 6:00 AM to 9:00 PM and on weekends from 11:00 AM to 6:00 PM. A variety of public swimming sessions, drop-in weight room sessions and aquatic fitness classes are available. Please view our schedule at [www.strathconard.ca](http://www.strathconard.ca) for an exact listing of times and services. Please note your conference pass will allow you free access to all public sessions from May 27-29, 2012.

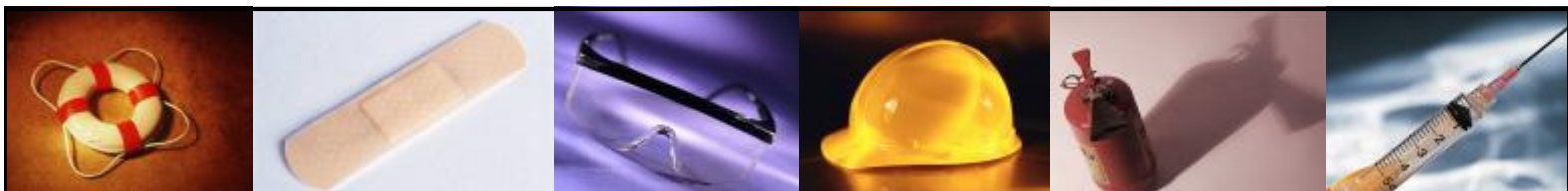
## OPTIONAL GOLF TOURNAMENT WITH BBQ DINNER AT STOREY CREEK GOLF CLUB:

Step up to the tee and take your best shot! Enjoy an evening of early networking, relaxation and friendly competition on Monday, May 28<sup>th</sup> at Storey Creek Golf Club. A Course in Nature where eagles soar, wild deer wander, and the occasional black bear ambles across the course. Golfers can expect an abundance of natural beauty and tranquility amidst the old growth and second growth forest resulting in a unique golfing experience in nature's backyard. In the true Island Golf tradition, you can be assured a round at Storey Creek is certain to provide an enjoyable and challenging golfing experience for players of all abilities.

**FEE:** Fee is \$50 per person for early registration (by April 10<sup>th</sup>) and \$65 afterwards. Fee includes greens fees, practice facilities, putting contest and BBQ. This fee can be paid separately (simply fax or call it in at a later date) if your employer will not cover the cost of this amenity. Club Rentals are available at the course for an additional \$18 for the 9 hole round. Space is limited, so sign up early!

## SPOUSAL & FAMILY PACKAGES:

If you're turning the conference into a family retreat we offer great spousal and family packages. For \$35 another person may accompany you to both trade show lunches and have free access to the Strathcona Gardens Recreation Complex aquatics and fitness facility throughout the conference. \$60 is the family rate if more than one family member will be accompanying you to the conference meals.



# COMMUNITY INFORMATION

## COMMUNITY INFORMATION & RESOURCES:

Campbell River offers many amenities and boasts a scenic oceanfront on the eastern shore of Vancouver Island. As the third largest city on Vancouver Island, “the Salmon Capital of the World”, has lots to offer in terms of outdoor adventures, resorts/spas, golf courses and pubs and entertainment. Please contact the Visitor Info Centre for more information at: 1-877-286-5705 or visit their website at [www.campbellriver.travel](http://www.campbellriver.travel).

## CONTACT INFORMATION:

Strathcona Gardens Recreation Complex  
 225 South Dogwood Street  
 Campbell River, BC  
 V9W 8C8  
 250-287-9234 Phone  
 250-287-3252 Fax  
 sbullock@strathconard.ca  
 www.strathconard.ca



## CAMPBELL RIVER MAP:



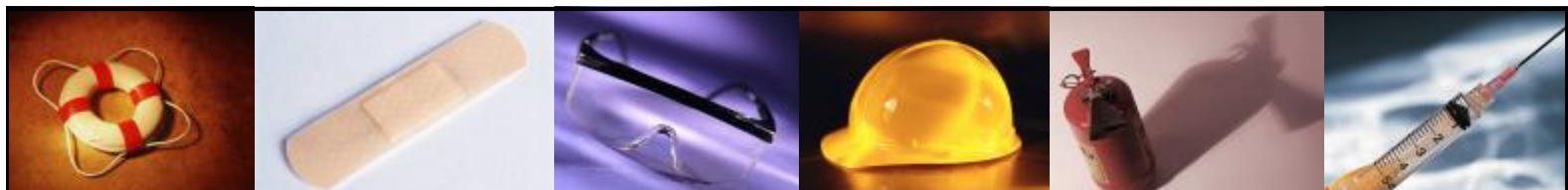
This map courtesy of Easy Find Maps 250-202-2550. Free large maps available at the Visitor Centre.

The map above just provides a quick layout of the Campbell River area. For a more information on Campbell River including discounted coupons for many local businesses check out: [www.whatsondigest.com](http://www.whatsondigest.com).

## Distance/Driving Times:

Strathcona Gardens Recreation Complex to Best Western	2.7 KM	6 Minutes
Strathcona Gardens Recreation Complex to Painters Lodge	8.4 KM	12 Minutes
Strathcona Gardens Recreation Complex to Storey Creek Golf Club	12.8 KM	18 Minutes

Please give Strathcona Gardens a call at 250-287-9234 ext. 0 if you have any questions on how to get here, thing to do etc.



Upper Island Safety Conference  
**REGISTRATION FORM**

May 28—29, 2012

**STRATHCONA GARDENS RECREATION COMPLEX**

**Contact Information:**

Organization: \_\_\_\_\_ Profession: \_\_\_\_\_  
(i.e. construction, forestry, recreation etc.)  
Name: \_\_\_\_\_ Title: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_  
Prov./State: \_\_\_\_\_ Postal Code/Zip: \_\_\_\_\_ Email: \_\_\_\_\_  
Please fill in— we email you updated conference info!  
Tel: (h) \_\_\_\_\_ (w) \_\_\_\_\_ (fax) \_\_\_\_\_

**Payment Information:**

Early Registration (\$195 per person) \$ \_\_\_\_\_  
(by April 10th)  
 Late Registration (\$250 per person) \$ \_\_\_\_\_  
(after April 10th)  
 Optional Golf Tournament/BBQ \$ \_\_\_\_\_  
(\$50 by April 10th/\$65 after April 10th)  
(guest tickets may be purchased in advance as well)  
 Spousal (\$35) or Family (\$60) Package \$ \_\_\_\_\_  
Subtotal \$ \_\_\_\_\_  
**ADD 12% HST** (s20327013) \$ \_\_\_\_\_  
**TOTAL** \$ \_\_\_\_\_

**Preferred Session Options:**

Session #1:  A  B  C  
Session #2:  A  B  C  
Session #3:  A  B  C  
Session #4:  A  B  C  
Session #5:  A  B  C  
Session #6:  A  B  C

**Payment Information:**

Enclosed Check or Money Order  
(Make payable to the Strathcona Regional District)  
 Please Charge My:  VISA  MasterCard  
Card Number: \_\_\_\_\_  
Name on Card: \_\_\_\_\_  
Expiry Date: \_\_\_\_\_  
Signature: \_\_\_\_\_

**Food Preferences:**

Vegetarian  Allergies (list below)  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

INFO: 250-287-9234  
FAX TO: 250-287-3252

