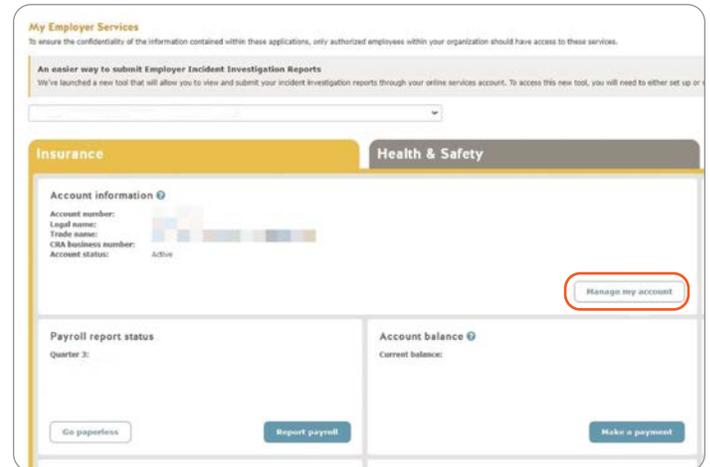


How to sign up for POP email notifications

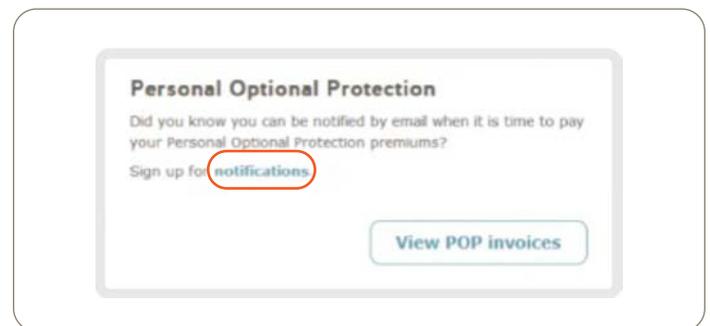
Log in or create an account

1. **Create** or log in to your WorkSafeBC **online services account**.
2. Once you've logged in, view the Insurance tab. In the "Account information" tile, click **Manage my account**.

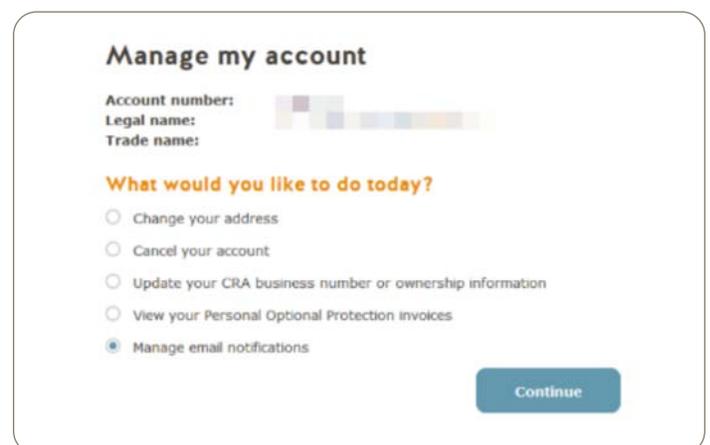


Select the email notifications you'd like to receive

3. In the "Personal Optional Protection" tile, click the **notifications** link.



4. Select the radio button **Manage email notifications** and click **Continue**.



5. Select the email notification(s), you'd like to receive via email. Enter your email address and click **Save**.

Manage email notifications

Account number: [blurred]
Legal name: [blurred]
Trade name: [blurred]

⚠ When you sign up to receive email notifications, we no longer send paper copies of forms or invoices in the mail.

I would like to receive email notifications for:

- Payroll reports
- Pre-authorized payment notifications [more information](#)
- Personal Optional Protection invoices

Send my email notifications to:

[Back](#) [Save](#)

Note: Only one email address can be used for all email notifications. You will no longer receive mailed forms or invoices when you opt to receive email notifications.